

3D PSHE Coverage Matrix EYFS - Reception

Lesson 1	Hide and Seek	Additional	<ul style="list-style-type: none"> • Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021) • Knows when to say thank you' and 'sorry' sorry, thank you
Lesson 2	Nan's House	No Place Like Home	<ul style="list-style-type: none"> • Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021) • Say when someone is special to them special people, grandparents (grandma, grandad), parents (mum, dad), friends, family
Lesson 3	I Like...	Additional	<ul style="list-style-type: none"> • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) • Knows personal likes, dislikes and preferences healthy, prefer, choose, favourite, dislike, want, need
Lesson 4	It's Your Turn	Let's Play	<ul style="list-style-type: none"> • Work and play cooperatively and take turns with others (ELG 2021) • Takes steps to resolve conflicts with other children by finding compromises (DM) • Recognises, names and owns everyday feelings such as happy, sad and cross happy, sad, cross, feeling, upset, excited
Lesson 5	What a Problem	Additional	<ul style="list-style-type: none"> • Explain the reasons for rules, know right from wrong and try to behave accordingly (ELG 2021) • Joins in and enjoys a range of activities • Works together cooperatively towards common goals agree, rules, compromise, share, disagree
Lesson 6	Take the Plunge	Additional	<ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG 2021) try, new, confident, support, encourage
Lesson 7	An Old Friend	Under the Sea	<ul style="list-style-type: none"> • Form positive attachments to adults and friendships with peers (ELG 2021) best friend, friend

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Lesson 8	Me and You	Happy To Be Me	<ul style="list-style-type: none"> Recognises that they are unique See themselves as a valuable individual identical, twins, brother, sister, sibling, similar, different, unique
Lesson 9	Stick to the Rules	Additional	<ul style="list-style-type: none"> Work and play cooperatively and take turns with others (ELG 2021) rules, listen, follow, help
Lesson 10	Rainy Days	Additional	<ul style="list-style-type: none"> Set and work toward simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG 2021) boring, idea, play, decide, compromise
Lesson 11	I Feel Poorly	Additional	<ul style="list-style-type: none"> Show sensitivity to their own and to others' needs (ELG 2021) poorly, sick, unwell, better, medicine, doctor, nurse
Lesson 12	Clean and Tidy	Additional	<ul style="list-style-type: none"> Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) Understand the importance of personal hygiene germs, clean, tidy, washing hands, brushing teeth
Lesson 13	Bully Boy	Tell Us a Story	<ul style="list-style-type: none"> Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG 2021) bully, bullying, sad, hurt, upset, cross, friends, help
Lesson 14	Family Fun	Happy To Be Me	<ul style="list-style-type: none"> Form positive attachments to adults and friendships with peers (ELG 2021) Recognises ways in which their families are special family, relatives, mum, dad, uncle, auntie, cousins, grandparents, grandad/pa, grandma/nana, brother, sister, siblings.

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Lesson 15	One Gold Star	Additional	<ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge (ELG 2021) achievement, trying hard, happy
Lesson 16	All Join In	Come Fly With Me! Asia	<ul style="list-style-type: none"> • Build constructive and respectful relationships friends, teacher, travel, experiences
Lesson 17	I'm Stuck	Help is at Hand	<ul style="list-style-type: none"> • Show resilience and perseverance in the face of a challenge • Knows the people who look after them and their different roles and responsibilities fireman/woman, ambulance, 999, emergency, help, nurse, doctor, parent
Lesson 18	A Piece of Cake	Additional	<ul style="list-style-type: none"> • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG 2021) challenge, ingredients, equipment
Lesson 19	Busy Body	Happy to be Me	<ul style="list-style-type: none"> • Show sensitivity to their own and to others' needs (ELG 2021) • Recognises that their bodies can do lots of different things • Knows why it is important to physically active • Shows awareness of physical differences • Joins in and enjoys a range of activities exercise, healthy, race, sport, winning, losing, celebrating
Lesson 20	The New Pet	No Place Like Home	<ul style="list-style-type: none"> • Show and understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG 2021) • Knows how to care for living things pets, dog, cat, rabbit, hamster, fish, water, bed, clean out, hutch, cage
Lesson 21	Getting in a Knot	Additional	<ul style="list-style-type: none"> • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) getting dressed, clothes, shoes

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Lesson 22	E-Safety, Be Safe	Additional	<ul style="list-style-type: none"> • Think about the perspective of others • Know how to make good decisions • Begins to develop n awareness of E-Safety game, laptop, message, computer, virus, pop-ups
Lesson 23	Eid Mubarak	Additional	<ul style="list-style-type: none"> • Explains own knowledge and understanding (DM 40-60 months) • Form positive attachments to adults and friendships with peers (ELG 2021) Eid, Islam, Muslim, celebration, fasting, Ramadan, religion, mosque, games, food
Lesson 24	Playtime Games	Additional	<ul style="list-style-type: none"> • Works and plays cooperatively and take turns with others (ELG 2021) • Plays cooperatively and learns to take turns taking turns, leader, bossy, rude, fair, helpful
Lesson 25	Litter Bug	What on Earth!	<ul style="list-style-type: none"> • Explain the reasons for rules, know right from wrong and try to behave accordingly (ELG 2021) • Beginning to consider the impact of their actions on others and the environment monitors, neat and tidy, look after, litter, bin, rubbish

Total 25 Lessons